

# NFDN 1002 Teaching Assignment



## Assignment

### Option C

#### Value:

Completions of this assignment is worth 20% of your final grade.

#### Background:

Application of the nursing process is a vital component of nursing practice. In this assignment, you will be required to identify assessment data, develop nursing outcomes, and complete a teaching plan based upon priority nursing needs.

#### Instructions:

Please read through the assignment instructions thoroughly and review the marking rubric attached in moodle.

You will be expected to follow APA format (7<sup>th</sup> edition). Your paper should be 4-6 pages long (excluding title sheet and reference page.)

Your assignment will consist of identification of client situation, assessment of learning needs and health teaching plan.

We encourage you to use the **assignment template** provided for part of this assignment. The template does not need to be APA format. (the rest of the assignment does)

Please read and choose one of the assignment options. **(Scenario 1 or 2)**

#### Scenario 1

Ms. Woods is 85 years old recently had a severe fall resulting in a fracture of the right arm. She lives alone, her husband passed away 10 years ago. Her daughter Susan lives across the street and has been coming in daily to help her mother since the current injury. Mrs. Woods has a longstanding history of hypertension (10 years). She is prescribed 40 mg of Lasix PO daily.

Mrs. Woods wears glasses and has been diagnosed with Macular degeneration. Mrs. Woods has come into the clinic for follow-up with her daughter for her injured right arm.

Her daughter, Susan, reports that her mom has fallen several times in the last 6 months. Susan believes that these falls occur at night and has concerns about her mother's safety. Susan reports to you that over the last 3 months, she has noticed a strong "urine" smell when standing close to her mom, and on the clothes when doing her mom's laundry.



Susan reports that her mom is not great at putting things away and there are piles of clothes everywhere around the house. 'My mom hates throwing anything away'. Mrs. Woods interrupts and says, "everything I have is perfectly good!" I can take care of myself!"

Susan has noticed that her mom forgets to take her pills some mornings. When asking Mrs. Woods about her bladder function, she admits to you that she has a "little problem with leaking urine", when she sneezes or coughs. Mrs. Woods states that she gets a little forgetful when tired. "I get tired because I don't sleep well because I have to go to the bathroom a lot at night".

## **Scenario 2**

Mr. Klein is 45 years old and with a history of Crohn's disease for the last 20 years. He is married and has 2 teenager daughters. His family owns a small ranch which requires long hours of physical activity daily. When working in the fields, he has limited access to water and/or a washroom. Due to complications from his disease, Mr. Klein recently had his large bowel removed and now has a permanent RUQ ileostomy. Prior to surgery, Mr. Klein was very socially active, meeting friends for coffee daily and playing cards weekly.

He was discharged 2 weeks ago and has come into the clinic for follow up. Mr. Klein tells you that he can barely look at the stoma and hates emptying the pouch. "I leave it until it is full before emptying". "I hate this thing!"

He complains that the ostomy pouch falls off every day. Mr. Klein believes this is happening because the stool is too watery. He describes the stool as pasty brown the like watery oatmeal. I have started drinking less water and am taking Lomotil to try to get is "more solid".

His skin is very dry, lips are cracked, and skin turgor tenting. VS are T 37.1 , Pulse 104bpm weak and regular, BP 90/58 Resp 20 bpm. O2 97% RA

When speaking to Mrs. Klein, she tells you that her husband is not coping well, refusing to talk to his wife about how he is feeling. Mr. Klein will not accept any help with stoma care. He tells his wife that he believes the ileostomy will be temporary and will be reversed.

Mrs. K tells you that her husband has a mild learning disability and has challenges processing new information when verbally given. She states his temper is worse, and he refuses to leave the farm to run errands or meet his friends for coffee.

## Guidelines

### 1. Introduction

- Clearly identify your client, provide a client summary.
- Provide an outline describing what your teaching plan is about.

### 2. Assessment Data & Learning Needs

- Identify two learning needs for the client.
- Describe your rationale from the scenario for each learning need.

### 3. Priority Learning Need & Diagnosis

- From the two identified learning needs, clearly indicate which one learning need is the highest priority for your client.
- The client learning need chosen must be the correct priority.
- Write a deficit knowledge nursing diagnosis for that one selected priority need. (Your Nursing Diagnosis MUST start with the Nanda “**Deficit Knowledge**”).
- Ensure the Diagnosis is in the correct format. (Nanda Diagnostic Statement, Etiology, Evidence) (See Ackley textbook for correct format)

### 4. Goal Statement

- Write **one** patient centered **goal** for this priority learning need. (Goal statement should be one brief generalized statement)

### 5. Learning Outcome

- Write **one** expected learning outcome using SMART Criteria (specific, measurable, attainable, realistic, timely)
- Note: Learning outcome should be **one statement that includes all components of SMART criteria.**

### 6. Domains of Learning

- Identify two domains of learning appropriate for your client that will best fit the teaching method you wish to use for the identified priority learning need.
- Must relate to goal and learning outcome.
- Provide rationale for your choice.
- Include **literature support for each.**

### 7. Barriers of Learning

- Identify two client barriers presented in the scenario that may affect the teaching/learning process.
- Include rationale for each barrier. (Why are they a barrier?)

#### 8. Teaching Plan

- Outline 3 specific topics for the educational content of your teaching plan. (What specific topics does the nurse want to teach the client?) Provide details as to what exactly you are teaching for that topic.
  - Topics should be based upon your chosen domains of learning.
  - Education content should relate to expected outcome.
- Each educational topic identified must have one reference.
  - References must be from 3 different sources. Two from academic journals less than 7 years old. (NOTE: A website is not an academic journal)

#### 9. Teaching Methods

- Outline teaching methods to be utilized.
  - Include setting of sessions
  - Include timing of sessions
  - Type of session
  - Specific teaching strategies - provide details

#### 10. Teaching Resource

- Include specific teaching resources (materials) that you would be using in this teaching plan. (e.g., Specific video link, pamphlet) eg. If you are using a video. What is the video?
- There should be 3 different resources. (One per topic)
- Ensure your teaching plan/methods are related to the domains of learning you chose in step 6.

#### 11. Evaluation of Learning

- Identify how the client will be evaluated in this specific teaching plan based upon **both** chosen domains of learning. (Refer to Chapter 21 Potter and Perry). Provide details
- Evaluate how the expected outcome has been achieved using each domain of learning
- Provide literature support for the evaluation of each domain of learning used.

#### 12. Analysis of the Teaching Process

- Identify and discuss at least two reasons why patient teaching is important in nursing care of this client.

#### 13. Self-reflection

- Identify and discuss two strengths and two challenges in the implementation of **this** specific teaching plan.

#### 14. Conclusion

- Provide a concise conclusion, summarizing main points of the teaching plan you developed.
- Discuss the benefits of developing a teaching plan.
- How do teaching plans benefit your future nursing practice.

15. General

- Must use APA 7
- Paper should be 4-6 pages in length (title page and references)